

| Home Team | Result | Away Team | Date | Time | Status |
|-------------------|---------------|-------------------|---------------|-------------|---------------|
| Sudbury | 3½ - ½ | Felixstowe B | Mon 16 Sep 19 | 19:30 | OU |
| Saxmundham A | 1 - 3 | Sudbury | Tue 1 Oct 19 | 19:30 | OU |
| Sudbury | 3 - 1 | Manningtree C | Mon 14 Oct 19 | 19:30 | OU |
| Sudbury | 2½ - 1½ | Woodbridge A | Mon 28 Oct 19 | 19:30 | OU |
| Stowmarket | 2½ - 1½ | Sudbury | Tue 12 Nov 19 | 19:30 | OU |
| Bury St Edmunds A | 1 - 3 | Sudbury | Thu 12 Dec 19 | 19:30 | OU |
| Sudbury | 2 - 2 | Bury St Edmunds D | Mon 20 Jan 20 | 19:30 | OU |
| Sudbury | 1 - 3 | Saxmundham A | Tue 28 Jan 20 | 19:30 | OU |
| Manningtree C | 1½ - 2½ | Sudbury | Wed 12 Feb 20 | 19:30 | OU |
| Woodbridge A | 1 - 3 | Sudbury | Mon 24 Feb 20 | 19:30 | OU |
| Sudbury | 1½ - 2½ | Stowmarket | Mon 9 Mar 20 | 19:30 | OU |