

| Home Team | Result | Away Team | Date | Time Status |
|--------------------------|---------------|--------------------------|---------------|--------------------|
| Crowborough 1 | 1 - 3 | Horsham 1 | Fri 3 Nov 23 | 19:30 OV |
| Brighton & Hove 1 | 1½ - 2½ | Crowborough 1 | Mon 27 Nov 23 | 19:30 OV |
| Hastings & St Leonards 1 | 2½ - 1½ | Crowborough 1 | Wed 6 Dec 23 | 19:30 OU |
| Horsham 2 | 3½ - ½ | Crowborough 1 | Tue 23 Jan 24 | 19:30 OU |
| Crowborough 1 | ½ - 3½ | Eastbourne 1 | Fri 2 Feb 24 | 19:30 OU |
| Crowborough 1 | 2½ - 1½ | Bexhill 1 | Fri 16 Feb 24 | 19:30 OU |
| Lewes | 2 - 2 | Crowborough 1 | Tue 27 Feb 24 | 19:30 OV |
| Crowborough 1 | 3½ - ½ | Hastings & St Leonards 2 | Fri 8 Mar 24 | 19:30 OU |
| Worthing 1 | 3½ - ½ | Crowborough 1 | Mon 15 Apr 24 | 19:30 OV |
| Crowborough 1 | 2 - 2 | Haywards Heath 1 | Fri 26 Apr 24 | 19:30 OV |
| Eastbourne 2 | 1½ - 2½ | Crowborough 1 | Fri 3 May 24 | 19:30 OU |