

| Home Team | Result | Away Team | Date | Time Status |
|--------------------------|---------------|-------------------|---------------|--------------------|
| Bexhill | 2 - 3 | Uckfield 2 | Thu 17 Oct 19 | 19:30 OU |
| Hastings & St.Leonards 4 | 2 - 3 | Uckfield 2 | Wed 6 Nov 19 | 19:30 OV |
| Horsham 4 | 3 - 2 | Uckfield 2 | Tue 3 Dec 19 | 19:30 OV |
| Uckfield 2 | 2½ - 2½ | Eastbourne 3 | Wed 8 Jan 20 | 19:30 OV |
| Uckfield 2 | 2½ - 2½ | Haywards Heath 2 | Wed 22 Jan 20 | 19:30 OV |
| Eastbourne 4 | 2 - 3 | Uckfield 2 | Fri 31 Jan 20 | 19:30 OV |
| Worthing 4 | 4½ - ½ | Uckfield 2 | Mon 24 Feb 20 | 19:30 OU |
| Uckfield 2 | ½ - 4½ | East Grinstead | Wed 11 Mar 20 | 19:30 OV |
| Uckfield 2 | 0 - 0 | Brighton & Hove 4 | Wed 25 Mar 20 | 19:30 OU |