

| Home Team | Result | Away Team | Date | Time Status |
|-----------------------------|---------------|-----------------------------|---------------|--------------------|
| Lewisham 2 | 5 - 3 | Metropolitan 2 | Tue 4 Oct 22 | 18:30 OV |
| Albany 1 | 5½ - 2½ | Lewisham 2 | Mon 17 Oct 22 | 19:00 OV |
| Greater London Chess Club 1 | 7 - 1 | Lewisham 2 | Tue 8 Nov 22 | 18:30 OV |
| Cavendish 3 | 1 - 7 | Lewisham 2 | Thu 24 Nov 22 | 18:45 OV |
| Lewisham 2 | 2 - 6 | University College London 1 | Tue 31 Jan 23 | 18:30 OV |
| Lewisham 2 | 4½ - 3½ | Hackney 2 | Tue 7 Mar 23 | 18:30 OV |
| DHSS 1 | 7 - 1 | Lewisham 2 | Tue 4 Apr 23 | 18:30 OV |
| Lewisham 2 | 2½ - 5½ | Hammersmith 2 | Tue 25 Apr 23 | 18:30 OV |
| Lewisham 2 | 5 - 3 | Hammersmith 3 | Tue 16 May 23 | 18:30 OV |
| Athenaeum 2 | 0 - 8 | Lewisham 2 | Wed 21 Jun 23 | 18:45 OV |