

Home Team	Result	Away Team	Date	Time Status
Aylsham Spitfires	3½ - ½	Fakenham Oddfellows	Mon 10 Oct 22	19:30 OV
Aylsham Spitfires	2 - 2	Wymondham Eagles	Mon 14 Nov 22	19:30 OV
Lowestoft B	½ - 3½	Aylsham Spitfires	Mon 28 Nov 22	19:30 OV
Aylsham Spitfires	2½ - 1½	Norwich Dons Cavaliers	Mon 12 Dec 22	19:30 OV
St Johns Bishops	½ - 3½	Aylsham Spitfires	Thu 5 Jan 23	19:30 OV
Fakenham Oddfellows	1 - 3	Aylsham Spitfires	Tue 10 Jan 23	19:35 OV
Aylsham Spitfires	3 - 1	Lowestoft B	Mon 23 Jan 23	19:30 OV
Norfolk & Norwich B	3 - 1	Aylsham Spitfires	Tue 7 Feb 23	19:30 OV
Wymondham Eagles	2½ - 1½	Aylsham Spitfires	Fri 24 Feb 23	19:30 OV
Aylsham Spitfires	2½ - 1½	Norfolk & Norwich B	Mon 6 Mar 23	19:30 OV
Norwich Dons Cavaliers	3 - 1	Aylsham Spitfires	Tue 28 Mar 23	19:30 OV
Aylsham Spitfires	3 - 1	St Johns Bishops	Mon 15 May 23	19:30 OV