

Home Team	Result	Away Team	Date	Time Status
St Johns Knights	2½ - 1½	Broadland Swallowtails	Thu 6 Oct 22	19:30 OV
North Norfolk Seals	3 - 1	St Johns Knights	Fri 4 Nov 22	19:30 OV
St Johns Knights	0 - 4	Lowestoft C	Thu 17 Nov 22	19:30 OV
Aylsham Hurricanes	2 - 2	St Johns Knights	Mon 21 Nov 22	19:30 OV
Kings Lynn	2 - 2	St Johns Knights	Thu 5 Jan 23	19:30 OV
Lowestoft C	3 - 1	St Johns Knights	Mon 20 Feb 23	19:30 OV
St Johns Knights	1 - 3	Norwich Dons Daredevils	Thu 23 Feb 23	19:30 OV
St Johns Knights	1½ - 2½	Aylsham Hurricanes	Thu 9 Mar 23	19:30 OV
Norwich Dons Daredevils	1½ - 2½	St Johns Knights	Tue 28 Mar 23	19:30 OV
St Johns Knights	1 - 3	North Norfolk Seals	Thu 6 Apr 23	19:30 OV
St Johns Knights	½ - 3½	Kings Lynn	Thu 13 Apr 23	19:30 OV
Broadland Swallowtails	2 - 2	St Johns Knights	Tue 16 May 23	19:30 OV