

<b>Home Team</b>	<b>Result</b>	<b>Away Team</b>	<b>Date</b>	<b>Time</b>	<b>Status</b>
Norfolk & Norwich C	2½ - 1½	Broadland Harriers	Tue 11 Oct 22	19:30	OV
Aylsham Gladiators	3 - 1	Norfolk & Norwich C	Mon 31 Oct 22	19:30	OV
North Norfolk Crabs	2 - 2	Norfolk & Norwich C	Fri 18 Nov 22	19:30	OV
Norfolk & Norwich C	3 - 1	St Johns Knaves	Tue 6 Dec 22	19:30	OV
Wymondham Owls	1 - 3	Norfolk & Norwich C	Fri 6 Jan 23	19:30	OV
Broadland Harriers	1½ - 2½	Norfolk & Norwich C	Tue 10 Jan 23	19:30	OV
Norfolk & Norwich C	3½ - ½	Aylsham Gladiators	Tue 24 Jan 23	19:30	OV
Norfolk & Norwich C	3 - 1	North Norfolk Crabs	Tue 31 Jan 23	19:30	OV
St Johns Knaves	1 - 3	Norfolk & Norwich C	Thu 23 Feb 23	19:30	OV
Norfolk & Norwich C	3 - 1	Wymondham Owls	Tue 14 Mar 23	19:30	OV